

**Saturday, October 4, 2008**  
**Westchester Evangelical Free Church Gymnasium**  
**4919 Aurora Ave, Des Moines, Iowa**  
**(right across from Hoover High School)**  
**11:00 AM – 3:00 PM**

## **River City Rumble**

### **Details of the event:**

#### **Rumble Features:**

1. All players, age 12 and up, regardless of rank, permitted to play
2. **Participation limited to first 100** people that register, so don't delay!
3. No bracketing
4. No medals
5. Nobody "wins", everybody "plays"
6. Referees and electronic scoring, plus one unscored ring for "learning matches" (excellent for newer players!)
7. Sparring only, no forms
8. Players will be matched up by the Rumble Coordinator(s)
9. Players will be given as many opportunities to play as time and logistics permit
10. Rumble matches will be 3 rounds of 2 minutes, with 60 seconds rest. (2 rounds of 2 minutes on unscored ring)

#### **Participant Requirements and Entry Fee:**

- Experienced players, open to all ranks, ages 12 and up
- Entry fee is \$25 per player in advance for all day (\$30 at the door). Early registrations must be postmarked by Sept. 27<sup>th</sup>. After that, cost is \$30. **Make checks payable to: Phelps Taekwondo**

This is an excellent opportunity for players, coaches and referees to get some "ring time", without the hassle and pressure of a tournament structure. 4 hours of non-stop sparring with as many different players as you can handle! This will be an excellent "tune-up" opportunity before the upcoming ISU Championships.

#### **Reminders:**

1. Remind competitors under 18 years of age that the entry form/liability waiver **MUST** be signed by a parent or guardian.
2. We will **NOT** be having a concession stand. Bring your own water/snacks, etc.
3. We will **NOT** be having a medical team. Any medical treatment provided will be of a very basic, first-aid nature. 911 will be called for any serious injuries.

We hope that you will encourage your students and Black Belts to participate in these wonderful educational opportunities. We have made a special effort to include "something for everyone". If you have questions, please call us or email us. Please make as many copies of the enclosed materials as needed. Hope to see you on October 4<sup>th</sup>!

Sincerely,

Master Scott Phelps  
Phelps Taekwondo  
Co-sponsor  
[tkdronin@aol.com](mailto:tkdronin@aol.com)

Master Larry Voorhees  
Voorhees Taekwondo  
Co-sponsor  
[voorheestkd@mchsi.com](mailto:voorheestkd@mchsi.com)

# River City Rumble

## Rules and Divisions - Notes to Instructors

We will be using Ringmaster for scoring, that is configured for THREE corner judges, rather than four. Other than that, USA Taekwondo rules will apply. Basic rules are outlined below. For complete details, go to [www.usa-taekwondo.us](http://www.usa-taekwondo.us).

### Sparring:

- 1) USA Taekwondo Junior safety rules will apply for the appropriate age groups! As a reminder, this means:
  - a) No head contact for all competitors ages 11 and under (1 point for kick or punch to body)
  - b) Controlled head contact permitted for colored belt competitors 12-17 (1 point for kick/punch to body, 1 point for controlled kick to head).
- 2) “Adult” rules for all competitors ages 18 and over
  - a) i.e., 1 point for valid score to the body, 2 points for valid score to the head, additional point for knockdown as a result of a valid point, as indicated by the referee, for adult divisions.
- 3.) “Sudden death” round in the case of a tie score at the end of regulation.

### Equipment:

Students participating in sparring **must** wear the appropriate protective gear, this includes:

- White v-neck Taekwondo uniform
- Shin/instep protectors (any color permitted)(no “booties”)
- Forearm guards (any color permitted)(no “mitts” or “dynachops”)
- Mouthpiece (any color permitted)
- Chest Gear (new wrap-around style **strongly encouraged**)
- **White** Head Gear is preferred but blue or red may be used if it matches the assigned color for each match.
- Male competitors must wear a groin cup inside their uniform.

There are no exceptions to these requirements. Competitors are responsible for bringing their own equipment! Please make sure your competitors come with the appropriate equipment. Competitors without the proper attire will **NOT** be permitted to participate. **For further info on equipment, see [www.usa-taekwondo.us](http://www.usa-taekwondo.us)**

**River City Rumble**  
**(PLEASE post in your Do'jang)**  
**Schedule and Directions**

<b>What:</b>	River City Rumble
<b>When:</b>	October 4 <sup>th</sup> , 2008
<b>Where:</b>	Westchester Evangelical Free Church 4919 Aurora Ave Des Moines, IA
<b>Admission for spectators:</b>	No charge for spectators

**Schedule:**      **Saturday, January 26, 2008**  
10:00 am      Doors open for Check-in of Pre-registered Players and at-the-door registrations  
10:30 am      Judges' Meeting. Black Belts, here's a chance to practice before a tournament! ☺  
11:00 am      Get ready to Rumble!  
3:00 pm      Rumble ends, tear down, clean up

**Event Location:**  
Westchester Evangelical Free Church  
4919 Aurora Ave  
Des Moines, IA



# River City Rumble - ENTRY FORM

This is a recreational event for TKD sparring players only!

Saturday, October 4<sup>th</sup>, 2008

Westchester Evangelical Free Church – 4919 Aurora Ave, Des Moines, IA

Time: 11:00 a.m. to 3:00 p.m.

Name (please **print**) \_\_\_\_\_

Male/Female \_\_\_\_\_ Age \_\_\_\_\_ Belt Rank \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Email: \_\_\_\_\_

You are responsible for your own sparring gear. If you have questions about your gear, go to the USAT website and see what the rules are. [www.usa-taekwondo.us](http://www.usa-taekwondo.us).

**Mouth guard, Shin/Insteps, Head Gear and Hogu is required for all competitors; in addition a groin cup for males is REQUIRED!**

What is your level of experience? Intermediate player \_\_\_\_\_ Advanced player \_\_\_\_\_ Nat'l/Int'l player \_\_\_\_\_  
(You tell us how good you are. You're the one getting in the ring!)

TKD School Name: \_\_\_\_\_ Instructor: \_\_\_\_\_

## WAIVER OF LIABILITY

"In consideration of your acceptance of my entry, I do hereby for myself, my heirs, executors and administrator, waive, release and forever discharge any and all rights and claims for damages, criminal or civil, for which I have or may accrue to me, against Phelps Taekwondo, Voorhees Taekwondo, Inc., River City Rumble, Westchester Evangelical Free Church, and all members of the event, or their respective directors, co-directors, officers, agents, representatives, successors, and/or assigns, against any competitor for any and all damages, physical, emotional or psychological, which may be sustained by me in connection with any association with or entry in the above athletic meet, or which may arise out of traveling to, participating in, and returning from such athletic meet. I understand that Taekwondo is a body contact sport, and I further understand all the contents of the 2008 rules and general information which was published by the sponsors and I agree with them in their entirety. I further consent to use by the event sponsors for my picture or likeness to be used in any manner they deem fit for the furtherance of their businesses, publicity, and the art and sport of Taekwondo."

<b>Competitor's/Parent's Signature<sup>1</sup>:</b>  	<b>Date:</b>  
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***<sup>1</sup>If competitor is under 18 years old, parent or legal guardian must sign above!***

### Rumble Requirements and entry fee:

- 1) **Completed and signed Event Entry Form signed by the appropriate individual.**
- 2) **Event entry fee** in the form of check or money order payable to Phelps Taekwondo is:
  - a) **\$25**, postmarked by 9/27/08 – check or money order.
  - b) **Registrations received with a later postmark, or at the door, will be \$30.**

Mail this completed entry form, and entry fee to: Phelps Taekwondo  
River City Rumble,  
2563 E. Tiffin Ave.,  
Des Moines, IA 50317-6001.

ALL early entries postmarked by no later than **Saturday, Oct. 27th, 2008.**

There will be no refunds of entry fees for any reason.

### Important!

- Provide the appropriate signature on the tournament entry form/liability waiver.
- Make sure parent/guardian signature is on entry form, if player is under 18 years of age.
- *Payment for the **entry fee** in the form of check or money order must be made payable to **Phelps Taekwondo.***